

**Eden Resort And Spa – Bentota, South West Coast**



**The Eden Resort And Spa Pool**

**Eden Resort And Spa, Bentota**

**First Class Beach Hotel - 5 Star**

**158 RM**

**By Car – 3.5 Hours From Airport**

**By Air Taxi – 35 Min From Airport**



**Rated No 2 Hotel In Beruwela**

**About Eden Resort And Spa**

The **Eden Resort And Spa** occupies a prime site on the famous '**Golden Mile**' beach at **Bentota**, the island's premier resort location. The **Eden** also incorporates the island's first purpose built health spa and well-being centre and caters to a varied clientele including a host of **UK** holidaymakers.



**View Of Eden Standard Room**

## Accommodation

### Eden Rooms

113 standard rooms with teak timber flooring. All **Eden Rooms** have private balconies, individually controlled air-conditioning, mini-bar, satellite TV, in-room safe and IDD telephone. Tea and coffee making facilities.

### Superior Rooms

23 large ground floor split-level superior rooms with granite flooring and marble bathrooms with telephone extensions. These rooms have private terraces and easy access to the swimming pool and garden.



**Temptations Restaurant**

### Paradise Rooms: Eden's Hotel-Within-A-Hotel

The hotel's remaining 22 rooms are luxury units, located on the top floor offering an enhanced level of accommodation, facilities and services, including separate check-in/check-out at the floor's exclusive lounge, single-digit dial butler service and twice daily maid service. Special touches include a pillow menu and a choice of room fragrances. This floor also offers business center facilities, a library and cellular phone rental.

Guests in these rooms and suites have complimentary use of the spa relaxation garden, and the use of the spa's sauna and spa pool facilities.

### Paradise Deluxe Rooms

All 16 elegantly appointed deluxe rooms have king-size 4-poster beds, timber flooring in rooms and balconies, wide screen TVs, DVD, VCD and CD players, expresso coffee machines, tea making facilities, electronic in-room safes, twin-vanities in bathrooms, enhanced amenities, separate shower and bath and telephone extensions in bathrooms.



**Eden Lobby**

## Fine Dining

The glass walled **Garden Of Eden Restaurant** offers a superb international buffet with a wide selection of tempting starters and main courses including **Continental, Indian, Sri Lankan,** and **Chinese** dishes. **Temptations** is the resort's signature restaurant in an elegant, intimate and romantic setting with a magnificent view of the **Indian Ocean**. You can indulge in a selection of classic a la carte favorites ranging from tender rack of lamb to perfectly grilled salmon and succulent lobster thermidor. Chef's specials feature a selection of starters, main courses and desserts from 3 culinary options: seasonal delights, light and healthy temptations or **Asian** fusion with a spicy twist.

The **Chameleon Café** is open 24 hours daily and is an informal all-day restaurant ideal place for light snacks. The **Captains Deck** is a nautically themed air conditioned lounge bar and fine dining restaurant serving aperitifs, after-dinner drinks with live music. At the **Splash**, flavourful light snacks are served, with a beautiful view while you catch the ocean breeze.



#### **Reef Protected Beach At Bentota**

For that special occasion you can dine beneath the stars in the privacy of the watchtower with a candlelit finely dressed table and personalised waiter service. An extensive menu is also provided in the room with 24 hour service.

#### **Features**

Large freshwater swimming pool with swim-up bar and outdoor Jacuzzi. Shopping arcade with gem and jewellery store, clothes boutique and souvenir shop. Hairdressing salon. Gymnasium and fitness club with sauna and massage. Other sports facilities include a squash court and games room with table tennis, and billiards. Excursions include river cruises to nearby mangrove marshes, villages and temples. Deep sea fishing possible during November-April. Elephant rides on the beach.

#### **The Confifi Marina**

Situated on the **Bentota River** offers an array of water sports with expert guidance from professionally trained instructors and assistants. Transfers from the hotel to the **Marina** and back are provided free thrice a day.

#### **Eden Spa**

The **Ayurveda Spa** is known to be one of the best in the country and is a main feature of the resort. Set in serene and beautiful tropical gardens with cascading waters, the spa offers a wide range of aromatherapy, spa treatments, Ayurveda relaxation and rejuvenation treatments.

An expatriate manager, 16 therapists, 2 Ayurvedic doctors and a consultant physician provide gracious care and meticulous treatment. Steam rooms, saunas, an open-air spa pool and 13 treatment rooms make up the spa complex.

#### **Hotel Website**

<http://www.edenresortandspa.com>

Elephant Island – Holidays In Sri Lanka (ATOL9128)

**ELEPHANT ISLAND – 020 7100 2323**